

Time to hit the books!



First graders Mason Garner and Sydney McClendon with her mom, West End Elementary Principal Leigh Ann McClendon on the first day of the new school year.

Board favors single mailhouse

by Stacy Naughton
Times Reporter

It will be one new mailhouse, not two, for Seven Lakes West, if the community's Board of Directors ratifies their preliminary approval of a Long Range Planning [LRP] Committee recommendation in favor of a single mailhouse to be built near the West Side Park Community Center.

The Seven Lakes West Landowners Association [SLWLA] Board declared the mailhouse decision a matter of significant interest and will solicit community input before reaching a final decision, likely mid-October.

Treasurer Don Freiert, representing the LRP, gave the Board a list of the pros and cons of building one or two mailhouses in the community. Ultimately, the decision to construct one mailhouse came down to four reasons: lower cost, less complexity, fairness to the community, and concern about a future decline in the financial health

and delivery capabilities of the United States Postal Service [USPS].

Lower Cost: After reviewing USPS requirements, member feedback, and the overall needs of the community, the Long Range Planning Committee advocated building one mailhouse at an estimated cost of \$310,000, which includes \$50,000 to upgrade to larger and more accessible mail boxes.

Building two mailhouses would cost a total of \$365,000, Freiert said, including an additional \$40,000 in construction costs and \$15,000 for the purchase of land near the back gate.

Less Complex Project: Because the West Side's front gate must be moved to satisfy the terms of a lawsuit settlement, time is of the essence for the mailhouse project, Freiert explained. The LRP felt that limiting construction would make the process "less complex." Also, building a mailhouse at the East Gate would require the community to acquire two additional plots of land, and that would

(See "Westside," p. 26)

Moore County's options for water multiply

by Greg Hankins
Times Editor

Commissioner Jimmy Melton would like to narrow it down to two options, so the Board can focus on making a decision.

Commissioner Larry Caddell would like to make a decision before his current term expires.

But the options for bringing more water to Seven Lakes

— and the rest of Southern Moore County — just keep multiplying, pushing a decision further and further into the future.

Moore County's Board of Commissioners devoted a Work Session to water options on Thursday, August 18, in hopes of putting all the options on the table and narrowing down the number of choices.

Newly-hired Public Works Director Randy Gould offered

up a finely detailed survey of water supply opportunities — and their associated costs. But, by meeting's end, there were still more options on the table than when it began, and plenty of loose ends yet to tie up.

Seemingly everyone's favorite option is to utilize a 1.5 million gallon reservoir owned by the Town of Robbins. But negotiations on that options have dragged on for years, and the county

and town still can't come to terms on whether to negotiate in public or in private.

Commissioners Chairman Nick Picerno wants to rethink the mission of the Moore County Public Utilities, explore selling the Pinehurst the portion of the county system that serves the Village, and use the proceeds to tap new water supplies and expand the county system into rural areas.

Commissioner Tim Lea

added three more possibilities to Gould's list of options: purchasing water from Lee County, pumping raw water from a mostly unused industrial intake near Wagram to an existing Souther Pines Reservoir, or buying water from the town of Laurinburg.

In other words, with the ink not completely dry on Gould's presentation of five options — and the data not completely assembled for

(See "Water," p. 20)



Don't Miss 'Meet the Merchants' Saturday!

by Darrell Marks, President
Seven Lakes Business Guild

"Meet the Merchants" will be held on Saturday, September 3, due to the arrival of the winds from Hurricane Irene just in time to play havoc with the original date. The event will run from 10 am until 2 pm in the parking lot that fronts Phoenix Fashions.

One good thing that makes organizers hopeful is that, with more time to plan, more people will participate. Three late entries have already come in due to the date change. At present, twenty-eight local businesses, charities, and crafters — many with special \$1 offerings just for this event — plan to attend. Additional entries need only to call Darrell at 673-5998 no later than Friday, September 2.

As President of the local Guild, I can only describe the economic climate in Seven Lakes this Summer as having been as brutal as the weather. Through my talks with

many local businesses, I have learned that a surprising number are just "holding on."

Although we all realize that being local doesn't guarantee anyone access to the local citizens, it sure is nice when your friends and neighbors do come in and make you feel wanted. None of us shop or eat with every business in town — and we don't necessarily put Guild members ahead of those who don't participate in the Guild when we make our personal choices. That's what a free economy allows.

What is increasingly apparent is that the local economy needs special attention from the local citizens. Anytime local folks can decide to stay in town instead of "turning at the light" and leaving, we all will be better off. I can't think of a single local business that Seven Lakes would be better off without, and God knows we don't need any more vacant buildings

in the Business District.

Long time Guild supporter Fred Seufert, a local realtor for over 20 years, is the latest member to be recognized for having achieved Platinum status, a recognition that he has been a member for over 15 years. He was left off the original list due to having changed the name of the business through which he was a member.

Seufert was the owner of Southern Lakes Realty, an original Guild member, and he has maintained his membership all these years through the Executive Center on Seven Lakes Drive.

Seufert was also the long term treasurer of the group, an office now held for several years by Vann Joyce of Quality Care Pharmacy. The Platinum Guild Member decal will proudly be displayed on his rental offices, as it is by 13 other local members. Look for the decal if you want to make sure that you are supporting Guild members.

Ahead for the Guild will be the annual Chili Cook-Off Saturday, October 8 and meetings aimed at finding ways to promote our members and their economic health.

More will be forthcoming on these events, but for now we ask only that you come hungry, bring your friends, and have a great time supporting "Meet the Merchants."

Methodists remember 9/11

Join the West End United Methodist Church for a September 11 Tenth Anniversary Remembrance Service on Sunday, September 11, at 11:00 am. The Church will have a special service as a time of remembrance and honor for the men, women, and children who lost their lives on September 11, 2001. It is also a time to honor our country and those who have served to provide all Americans with the freedoms that we cherish.

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Professor Paul Steel, Department Chair of Computer Technologies at Sandhills Community College, will present this encompassing topic at the Seven Lakes Computer Club on Tuesday, September 13, 3 pm, in the Seven Lakes North Game Room.

How to keep your computer running optimally, how to restore system items, and how to restore factory default settings will be among the areas Professor Steel will address.

The start of a new year is a great time to join the Computer Club.

CONTRIBUTORS AND ADVERTISERS

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Our voice telephone number is 910-673-0111.

PUBLICATION SCHEDULE

Deadline	Issue	Nov 17*	Nov 25
Sep 9	Sep 16	Dec 2	Dec 9
Sep 23	Sep 30	Dec 15*	Dec 23
Oct 7	Oct 14		
Oct 21	Oct 28		
Nov 4	Nov 11		

*Early publication or deadline due to holiday.



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12 Tomato Basil Soup ♥ Salisbury Steak Dinner	13 Goldie's Chili ♥ Chicken Pot Pie Dinner	14 Potato Bacon Soup Corned Beef & Cabbage Dinner	15 Crab & Shrimp Bisque Herb Crusted Salmon Dinner ♥	16 New England Clam Chowder Beef Stroganoff Dinner
19 Broccoli Spinach Soup ♥ Shepherd's Pie Dinner	20 Split Pea with Ham Soup Chicken Paprikash Dinner	21 Vegetable Soup ♥ Pot Roast Dinner	22 Beef Barley Soup ♥ Spice Crusted Tilapia Dinner ♥	23 Manhattan Clam Chowder ♥ Pork with Apples Dinner ♥
26 Chicken Brunswick Stew Turkey Meatloaf Dinner ♥	27 Black Bean Soup Chicken Piccata Dinner ♥	28 Chicken & Dumpling Soup Eggplant Parmesan Dinner	29 Mushroom & Wild Rice Soup ♥ Lemon Shrimp Oriental Dinner ♥	30 Butternut Bisque ♥ Swiss Steak Dinner

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County plans to preserve working lands

by Laura Douglass
Times Reporter

Crop, pasture, and forest lands occupy over three-quarters of Moore County's overall land mass, defining the landscape and offering numerous economic, social, and environmental benefits to all residents. With over 800 independent, local farms identified — the majority of which are family-operated — these rural tracts include 45,000 acres of farmland and over 300,000 acres of forest land.

The Working Lands Protection Plan is a thorough study of these industries, the challenges and opportunities they face, and a list of strategies and actions to be implemented over the next six years with the goal of protecting these vital lands. Currently under review, the proposed plan is available to the public for comment and is expected to be taken up by the Board of Commissioners later this Fall.

"This is a brand new document, and the first time all this data has been brought together in a comprehensive

way," explained Moore County Planner Jeremy Rust. "It [the plan] will allow us to start to measure what we are losing and gaining and to track whether farms transition from poultry to forestry or to something else."

Ft. Bragg needs open space preserved

The proposed plan was funded by the North Carolina Department of Agriculture through the Farmland Preservation Trust Fund, following a request by the Ft. Bragg BRAC RTF [Base Realignment and Closure Regional Task Force] as part of expansion planning.

Working with a group of local farmers and stakeholders, and in partnership with Sustainable Sandhills and the Regional Land Use Advisory Commission, the Working Lands plan was developed as a non-regulatory document that will encourage long-term policies that support and promote agricultural economic development and land protection.

Within the eleven-county BRAC region, Moore County is distinguished as one of six counties that physically abut

the base, with nearly 90,000 acres located within a five-mile radius of Ft. Bragg.

Of these tracts, it is recommended that 39,420 acres remain rural and conserved, in part because the land is within an area designated as special use airspace, where pilots train for low-level flights.

"The military interest is to find ways to co-exist without taking away the rights of farmers," explained Rust. "It's about being compatible: that's what we're trying to find in this plan. It will create and depict opportunities that we — as a community — can take to keep farmers on their land and give them options."

Each BRAC-impacted county is working on a similar plan.

Rust noted that counties with an adopted Working Lands Plan receive preferential project selection for grants offered by the Farmland Preservation Trust Fund and an increase in funding, through reduced requirements for local matching.

Population growth carves up rural land

Population growth and rural settlement are leading threats to rural areas and often give rise to land fragmentation — creating a checkerboard pattern of farmlands. In addition, as devel-

opment pressure increases, so do escalating property values and conflicts with non-farming neighbors.

The majority of farms in Moore County are smaller than 100 acres, and half are smaller than 43 acres. There are thirty-two farms identified as larger than 260 acres, and together they occupy 27,784 acres.

Excessive loss of these forest and farm lands could significantly lower the production of food, timber, and other marketable products, and undermine watershed protection. As noted in the proposed plan, the conversion of land from farm to urban

(See "Working," p. 15)

"Blessing of the Animals"

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HIS 121 Western Civilization I

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Unleash your inner potter at Pastimes!

by Stacy Naughton
Times Reporter

Whether you're a beginner or an experienced ceramic artist, the Pastimes Pottery Studio in West End, which opened its doors in June, offers everything from wheel

throwing and hand-building to glazing and decorating.

Pastimes pottery instructor Maegan Russell told *The Times*, "A lot of people are interested in making pottery," adding that she expects the end of the Summer season

will have more folks looking for an indoor pastime.

After graduating from Montgomery Community College with a two-year degree in Professional Crafts Clay, Russell had a happenstance meeting with Pastimes owner Luann Matthews, who said she was looking to open a pottery studio.

It was a year later that the doors to the Pastimes Pottery Studio opened. Russell decided on her profession because of the endless opportunities available in pottery, saying, "I haven't gotten bored yet."

With eight pottery wheels and shelves filled with pottery waiting to be painted, the studio has an open atmosphere with lots of natural

light — and boasts a wide selection of Amaco glazes.

Currently, Pastimes Pottery Studio Memberships are being offered to anyone — from beginners to experienced artists — for \$125 for the first month. A studio membership includes a basic tool kit, apron, 25 pounds of clay, glazing and firing of all items, and access to the studio all month.

In order to allow folks to try their hand at pottery — without the commitment of a membership — the studio will offer walk-in classes starting in September. Russell will also be teaching hand-building projects that she described as "fast and fun."

For those who are not old

enough or who do not feel comfortable making pottery, pre-made pottery is available to paint and does not require a membership.

Russell said the studio is open for all ages to come in and paint a piece of pottery.

Four-week workshops on wheel throwing, hand-building, glazing, and decorating are also available at Pastimes. For one-on-one lessons or group workshops, call 910-673-2065 to schedule an appointment.

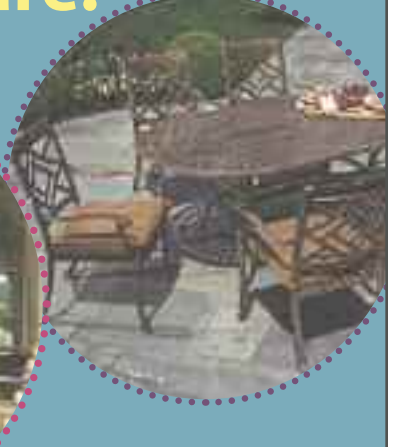
The Pastimes Pottery Studio is open Tuesday through Saturday from 11-4 pm.

The studio is located inside the Pastimes antique building on NC Highway 211 at the stop light in West End.



Maegan Russell is the instructor in residence at Pastimes Pottery Studio.

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Yellow Rockers: Not too square!

by Laura Douglass
Times Reporter

If you can walk, you can dance; and it's so much fun you'll forget you are exercising both your mind and your body.

This is the promise of the Yellow Rockers square dance club members, who are celebrating their 36th Anniversary this year.

Dances are held each Thursday night beginning at 6:30 pm, sometimes at the West End Old Gym and other times at the Moore County Senior Center, and the group welcomes visitors and newcomers. In addition, the Yellow Rockers participate in special events held in conjunction with other regional clubs several times each year — and offer beginner's classes that will begin later this Fall.

"We learn as we dance," explained Westsider Phyllis Hergenbahn, who herself began dancing with the club just a year ago. "It's so much fun. I learned a dozen steps or so, and I was hooked."

Square dancing is even safe for the directionally-challenged, Yellow Rocker member Charlene Faurz said.

"It's really just walking and following instructions from the caller."

The Yellow Rockers hire experienced, professional callers and welcome both singles and couples — though male dancers are always in demand.

Music varies from pop to country to gospel, and each dance begins with four couples in a square, with the caller announcing different patterns. Basic steps include circle right, circle left, swing your partner, alamande left, and, of course, do-si-do.

Established in West End, the club once boosted a membership of 100 and has always had close ties with the Seven Lakes community — though members include residents from around the region. Dress is comfortable and casual with flat shoes. Some members prefer the

traditional square dance attire, but it is not required.

"It is a social experience and also exercise for your body and mind — and it's fun!" insists Jan Aruscavage, a member of the Yellow Rockers since 2001.

The Yellow Rockers are hosting an open house-style BBQ and Square Dance on Saturday, October 29, at the West End Old Gym. Scheduled as the kick-off for their new Fall beginner's dance

(See "Rockers," p. 6)



Members of the Yellow Rockers Square Dance Club show off their dancing togs.



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League wows Womack

Representing the League of Women Voters, Jo Nicholas and Mary Lou Burnett were invited to provide the entertainment for the August 26 celebration of Women's Equality Day at Womack Army Medical Center (WAMC) at Ft. Bragg.

State and local League President Nicholas and Moore County Board member Burnett reprised their moving dialogue portrayal of Carrie Catt, the founder of the League of Women Voters and a leading activist in the pursuit of equal rights for women, including the right to vote.

Carrie Catt is one of many activists portrayed over the past three years in the League's popular fundraising effort, *Lunch with Legends*. In March, 1920, sensing victory in the fight for woman's right to vote, Carrie Catt established the League of Women Voters at the National American Woman Suffrage Association's 50th Anniversary Jubilee Celebration.

August 26 is designated in the United States as Women's Equality Day. Instituted by Rep. Bella Abzug and first established in 1971, the date commemorates the passage of the 19th Amendment to the US Constitution — the Woman's Suffrage Amendment — which gave women full voting rights in 1920.

Colonel Vinette E. Gordon, Deputy Commander for Nursing-Patient Services welcomed



Jo Nicholas and Mary Lou Burnett

the staff and guests to the celebration. Colonel Gordon reminded the audience of the many strides women have made, especially in the military. She spoke of breaking the "red, white and blue ceiling" and what a difference it has made to all women in America.

"The presentation by Jo and Mary Lou on behalf of the League of Women Voters was thoroughly enjoyed by everyone in attendance," remarked Colonel Gordon. "We loved their costumed portrayal of such a vibrant woman in our history and their contribution to Women's Equality Day."

In addition to Colonel Gor-

don, Emily M. Dickens, Director of Government and Community Affairs Offices, Fayetteville State University, was the keynote speaker.

Dickens also spoke about the strides women have made in the past 91 years, but also about how far there is to go. She pointed out how few women serve in state and federal elected positions and how important it is to fund and support female candidates.

The new Womack Army Medical Center opened in March 2000 and serves 160,000 eligible beneficiaries in the region, the largest beneficiary population in the Army.

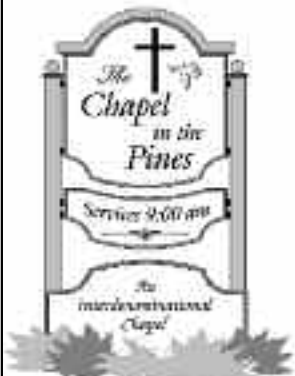
Rockers

(Continued from page 5)

class, lessons will be offered from 2 pm to 5 pm, with a special event dance later that same evening from 6:30 pm to 9 pm. Homemade BBQ will be served from 5 pm to 6:30 pm. All are invited, and the cost per plate is \$8 or \$10 for an all-day pass, including dancing lessons and dinner.

For more information on scheduled dances or to purchase BBQ tickets, call Jan Aruscavage at 215-9313.

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Bikers fight Alzheimer's

Saturday, September 10, marks the fourth year for the Motorcycle "Ride to End Alzheimer's," sponsored and hosted by St. Joseph of the Pines (SJP). This charity motorcycle ride grew to 90 bikes last year, and organizers are hoping to garner even more support this year.

Biker registration begins at 8:30 am on September 10 at Pine Knoll at St. Joseph of the Pines, located at 590 Central Drive (Hwy. 22), Southern Pines. Participants may enjoy a complimentary breakfast during the registration. After a brief welcome, instruction and a "Blessing of the Bikes," kickstands will go up at 10:30 am. Retired Moore County Sheriff's Deputy Henry Shamburger will lead the two-hour ride through scenic northern Moore County. A "half-way" break allows participants to stretch and enjoy light refreshments.

Lunch, music, cash door prizes and a 50/50 raffle

await participants upon their return to Belle Meade at St. Joseph of the Pines, located at 100 Waters Drive in Southern Pines. The \$20 charge for bikers and an additional \$10 for passengers includes breakfast, lunch, door prizes, and ride patch. Go to www.sjp.org and click on "NEWS" to download a registration form. The rain date is September 17.

If you're not a biker, here's how you can get involved —

Friends and families of participants can join in for lunch following the ride for \$25.00. SJP Associates can do the same for \$15.00. The community, including businesses and individuals, can also donate to the Alzheimer's Association through sponsorship of the "Ride to End Alzheimer's."

Corporate sponsorships start at \$100 and entitle the donor to lunch for two at Pine Knoll. The Silver sponsorship of \$250 garners the donor dinner for four at Pine

Knoll. The \$500 gold sponsorship will result in dinner for four at Belle Meade.

All donations benefit the Western Carolina Chapter of the Alzheimer's Association. The money is used for research, education and support of programs to find prevention methods, treatments and an eventual cure for Alzheimer's.

The latest report from the Association shows an estimated 5.4 million people have Alzheimer's disease and the annual cost associated is \$183 billion.

To donate to the Association through the Ride, please make checks payable to SJP Ride and send to: Nathan Summers, Director of Resident Services; Pine Knoll at St. Joseph of the Pines, 590 Central Drive, Southern Pines, NC 28387. Donations are tax deductible and donors will receive a letter acknowledging the gift from St. Joseph of the Pines.

St. Joseph of the Pines, a member of Catholic Health East, is sponsored by the Sisters of Providence and includes Belle Meade, Pine Knoll, Home Care, the Coventry, the Health Center, Therapy Village, L.I.F.E., Family Care Homes, and Providence Place communities.

Potts Honored



Mark Andrew Potts

Mark Andrew Potts, son of Laura & Andrew Potts of Seven Lakes West, has been honored with membership into the International Dean's List Society for exemplary academic performance at Western Carolina University.

He is majoring in Emergency & Disaster Management and anticipates graduating Spring 2014.

The International Dean's List Society provides scholarship study abroad, and online personal and career development opportunities.

Moore OnStage: 'I Do!'

Moore OnStage is beginning their seventh season on Wednesday, September 7, with the classic "I Do! I Do!"

Moore OnStage's version stars Cassandra Vallery and Greg King. The delightful comedy-musical is about marriage, and how relationships change as everyone progresses through life, and this version illustrates that to a tee.

There will be five shows presented at the Sunrise

Theatre. Show times are Wednesday, September 7 through Saturday, September 10, 7:30 pm, and a matinee on Sunday, September 11, at 2 pm. The Sunrise is located at 250 NW Broad Street, Southern Pines.

For tickets for "I Do! I Do!" contact Moore OnStage at 910-692-7118. Visa and Mastercard accepted. Season tickets are also available for \$98. Nothing is better than live theatre!



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Stingrays!

The Seven Lakes Stingrays were back in action this year with thirty-two swimmers under the direction of Coach Barbara Keating and Assistant Coaches Kori Godwin and Zach Hargrave. Local children between six and fourteen years old met for weekly practices and participated in four competitive meets against six other teams in the Moore County Summer Swim League.

"We had a lot of fun and I am very pleased. The parents, the Recreation Committee and the [SLLA] Association were very, very supportive," Coach Keating told *The Times*. [At right, The Stingrays gather for a Summer End Awards BBQ held August 17].



and Dog Days!

Seven Lakes residents are invited to bring their dogs to the Seven Lakes Northside Pool on Saturday, September 17, between 10 am and 2 pm, for a special open swim time just for pooches.

Sponsored by the SLLA Recreation Committee and coordinated with the Moore Humane Society, this event provides a unique opportunity for dogs to enjoy a dip in the pool once it is closed for the season. A small donation is requested and the Moore Humane Society will be on-hand with information on adoption and volunteer opportunities, plus a few friends looking for new fur-ever homes.



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This amazing landscape shot at "Lake Mattamuskeet" by Seven Laker Len Barnard was captured mid afternoon December 2007. During the Sandhills Photography Club "Landscape" competition in October 2009 it won first place.

Learn to shoot!

The Sandhills Photography Club was started in 1983 to provide a means of improving members' photographic skills and technical knowledge, for the exchange of information, and, by club activity, to develop membership potential and public interest in the art of photography.

The Club meets the second Monday of each month, at 7 pm, at Christ Fellowship Church on Midland Road at Pee Dee in Pinehurst.

Meetings alternate between programs, competitions, and field-trip presentations.

All meetings conclude with a social time with refreshments. Workshops and field trips round out the activities. Guests are always welcome.

Membership is around 100 and they have annual membership rates designed for couples, singles and students.

Prospective members are welcome to drop in at any meeting.

The local club is well represented by several members who are also members of The Triangle Carolina Nature Photography Association [CNPA] in Raleigh.

Their mission statement is "To promote Nature Photography in the Carolinas. To help conserve and preserve the diverse Natural Ecosystem in the Carolinas. To educate others interested in Nature Photography."

Monthly meetings are held the first Wednesday of each month beginning at 6:30 pm at the JC Raulston Arboretum at NC State University, Raleigh.

The CNPA has both Member's Choice and Regional Photograph Competitions.

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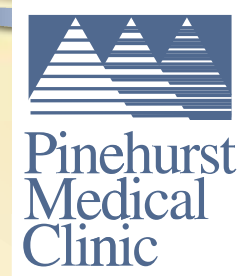
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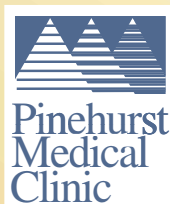
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'Keep on Truckin' and age in good health

In 1970 the Grateful Dead gave us the song "Truckin'", and "keep on truckin'" became a catch phrase for many. The lyrics flashed across my mind as I headed out the door for my two-mile evening run. However, within seconds, the 82 degree temperature and humidity hit me like a brick wall. I considered retreating back into the cool sanctuary of the house but the lyric, "keep on truckin'" propelled me forward.

Being a Pacific Northwest transplant, my body is still adjusting to the "tropical" Summer weather, which has significantly affected my running and cycling routine. Nonetheless, I recently shared my enthusiasm for these sports with a twenty-something female. Her response was, "Wow, you're pretty active for someone your age." I worked to lay down my hackles and thanked her for her comment. What did she mean "your age?" Isn't 50-something the new 30-something? However, her comment got me thinking about generational differences in relation to activity level and the need to keep active as we age.

Running for sport, or "jogging," as it was once called, was popularized in the early 70s. Many who came of age in the 60 and 70s embraced this new emphasis on physical activity. However, in previous generations this was not always the case. Putting my own family under the microscope, my grandparents enjoyed more sedentary activities like camping and fishing. My parents were golf enthusiasts and, to their credit, usually walked the course. However, there were no ongoing aerobic activities.

Generally, Baby Boomers are experiencing a more active retirement than their parents. Aerobic and extreme sports such as rock climbing, cycling, kayaking, skiing, tennis, swimming, trekking, and marathon running are fodder for many Boomers. And golf, while considered a leisure sport, can provide good exercise. According to

Harvard Medical Publications, "Golf can be good for your health and safe for your heart. These health benefits don't come from swinging your club, but from walking. Walking an average course for a round of golf can be as much as four miles. If you walk 18 holes three to five times a week,

you'll get an optimal amount of endurance exercise for your heart. If you pull your clubs, or carry them, you'll burn more calories per round, and benefit even more."

The desire to exercise and keep fit is different for everyone, but one component may be our generation's yearning to hold onto our youth — or perhaps we have an innate

understanding that a good dose of physical activity is our ally.

Keeping physically active as we move through the aging process is imperative, as



Spanning Generations

Dr. Melinda Spohn

health problems often lead to a reduction in one's activity level, which can start a downhill domino effect. When there is a reduction in activity, there is a loss in muscle tone, which can make everyday activities such as opening a jar, walking up stairs, getting in or out of a car, or walking through a grocery store an exhausting experience.

Rita Pena, Community Rehab Director for Quail Haven Village says: "Good muscle strength provides a better quality of life. Individuals who are active are less likely to injure themselves; and, when encountering a health issue, they tend to recuperate at a faster rate. Those that are sedentary are more apt to take longer to reach their goals and have more difficulty maintaining a high level of independence. These individuals may require adaptive equipment to perform their current activities of daily living. This is why it is so important, at any age,

to implement a proper diet and exercise program. These are key elements to core strength, muscle tone, and increasing one's endurance level on a daily basis."

Understandably, we can't all climb rocks, run marathons, or run two miles every day, as aging or life circumstances have affected our bodies or health. However, if one can work with their medical provider to begin, maintain, or expand an exercise regime, it will help keep one's muscles toned, so, as one moves through the aging process,

(See "Spohn," p. 10)

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In memory of . . .

Henry Carl Nueslein, 77, of Seven Lakes, died Friday, August 19, at his home.

Mr. Nueslein was born in Baltimore, MD, son of the late Henry M. Nueslein and Margaret Erlbeck-Nueslein. Mr. Nueslein graduated with his masters degree from Loyola College in Baltimore, MD and retired as an educator

from the Howard County, MD Public School System. An avid golfer, Mr. Nueslein enjoyed his membership and friends at Beacon Ridge Country Club and was employed at Pinehurst No. 7, and served as a volunteer

at the FirstHealth Center for Rehabilitation where the dedication of "The Nueslein Gym" recognizes his over 700 hours of volunteer service and many friendships.

A funeral Mass was held Monday, August 22, at

Sacred Heart Catholic Church, Pinehurst. The Rev. James M. Labosky officiate. A private burial will occur at Holy Redeemer Cemetery in Baltimore, MD at a later date.

He is survived by wife of

55 years, Anna, two children Lisa and Brian, three grandchildren and his sister Vera.

Memorial contributions may be made to FirstHealth Hospice Foundation. Boles Funeral Home of Seven Lakes assisted the family.

Spohn

(Continued from page 10)

one does so from a position of physical strength rather than physical weakness.

The CDC (Centers for Disease Control) provides encouraging but sobering information concerning aging and physical activity. For example, regular exercise can reduce heart disease, stroke, Type 2 diabetes, some cancers (colon and breast), hip fracture, and can even extend one's life. "People who are physically active for about seven hours a week have a forty percent lower risk of dying early than those who are active for less than thirty minutes a week. [However], you don't have to do high amounts of activity or vigorous-intensity activity to reduce your risk of premature death. You can put yourself at lower risk of dying early by doing at least 150 minutes a week of moderate-intensity aerobic activity."

There is no doubt daily physical activity can be exhilarating. It can also be a chore — but so can recovering from a heart attack or a broken hip due to a fall.

As time ushers me forward I am not sure whether my drive to exercise is based on a desire to hold on to my youth, or simply my brain's need for an endorphin fix. Whatever the reason, I'll "keep on truckin'."

Dr. Melinda Spohn is Executive Director of the Senior Retirement Project and can be reached at (910)986-9481 email: srproject@live.com web: SeniorRetirementProject.org



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Birk promotes cycling for everyone, everywhere

Mia Birk's bicycling "joyride" began as she was leaving her Texas home for graduate school. "Just as I was getting ready to leave, my brother suggested I take his bike," she recalls.

The overweight and out-of-shape product of automobile-addicted Dallas dismissed the idea as not part of her paradigm. But her brother persisted, and Birk gave in, schlepping a 10-speed to Washington, DC, where at first the wimpiest of hills presented a Mount Everest-like challenge.

Within a few weeks, she was losing weight and zipping through the neighborhoods of greater DC on her hand-me-down Schwinn. "Once I got more and more fit, I got more confident," Birk says. "I fell in love with it as personal transportation and for the way it made me feel."

Now a partner in an international company that creates active communities where bicycling and walking are safe, healthy, fun and normal daily activities, Birk will be in Moore County for two days in early September. On Labor Day, Monday, September 5, she will be the guest rider for the 22nd Annual Tour de Moore Classic, an event that attracts bicyclists from several states. The following morning, Tuesday, September 6, she will meet with local planners, policy makers, and parks and recreation leaders as part of the Making Moore Connections task force to discuss ways to make Moore County a bike- and pedestrian-friendly community.

On Tuesday evening, during a 6 pm, community lecture in Pinecrest High School's Robert E. Lee Auditorium, Birk will discuss the behind-the-scenes story of Portland's transformation into a bicycling mecca while sharing the lessons and tools needed to change communities and empower people, one pedal at a time.

Melissa Watford, a health educator with FirstHealth Community Health Services and Healthy Kids, Healthy

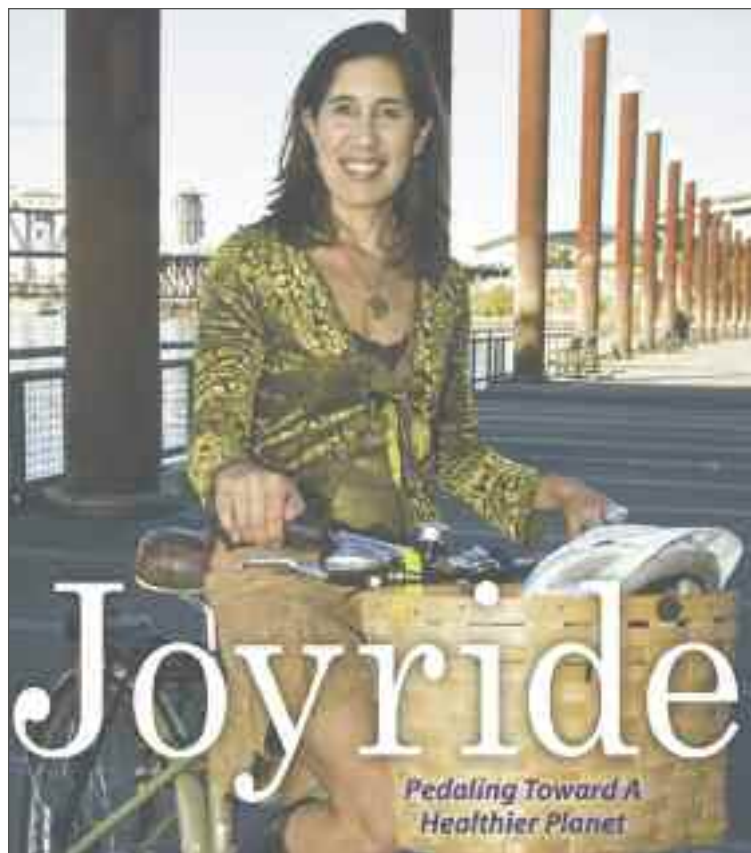
Communities project leader, has worked with officials of Southern Pines and Aberdeen as they attempt to turn their

picturesque streets and neighborhoods into places for safe and congenial biking and walking. She heard about Birk during a Pro Walk-Pro Bike conference last fall and decided she would be a natural contributor to the cur-

rent alternative transportation dialogue.

"Her book was inspirational, and I felt the challenges she faced and lessons she learned in transforming Portland, Oregon, into the top bicycle-

(See "Joyride," p. 13)



Urban cycling advocate Mia Birk

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Super Season for the All Stars

It was a successful season for the Moore County Parks and Recreation 12U All Stars, who won the NC Dixie Softball District 6 Championship and placed second in the 12U SWAC tournament held in Greensboro.

Pictured are: First row: Adrianna Taylor, Taylor Lam-

bert, Angel Johnson, Lauren Goodwin, Alyssa Drake, Karlie Elkins. Second row: Taylor Hankins, Jordan Blake, Alex Prots, Cerenia Chalfinch, Heather Hall, Kaylee Allred. Back row: Assistant Coach, Cecil Blake, Head Coach, Chris Drake, Assistant Coach, Dwayne Lambert.



Joyride

(Continued from page 12)

and pedestrian-friendly city in the nation could help us transform our community to be more bicycle and pedestrian friendly," Watford says.

Local biking enthusiast and "behind-the-scenes" Tour de Moore volunteer Dan Kohn has also worked with the Southern Pines advisory committee on the development of its bicycling and transportation plan. He heard about Birk through Watford and looks forward to welcoming her to Moore County and the Tour de Moore.

"We live in a beautiful community," Watford says, "but the lack of infrastructure to safely walk and bicycle has

been a frustration of mine for a long time."

Wherever she is, Birk is a passionate voice for the biking-walking lifestyle.

"The beauty of biking is that it spans many, many purposes," she says. "That's part of the deal. It puts a smile on your face. Wouldn't it be great if you could get a smile on your face every single day? That would be huge for the environment and the community."

The public is invited to attend Birk's lecture at Pinecrest High School on Tuesday, September 6. There is no charge. To register, call 910-715-5376 or visit www.firsthealth.org/joyride.

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Time to plant the Fall garden

The weather has produced a couple of soil wetting showers in the past few days — which should give you no excuse for avoiding the planting of your Fall vegetable garden.

Hopefully, those plantings will be more successful than the drought stricken ones of Spring and Summer.

Here are some tips on Autumn vegetable plantings for the Sandhills.

Plants that are available include collards, cauliflower, broccoli, brussel sprouts, cabbage, onions, and perhaps chinese cabbage. Seeds that can be had are beet, cucumber, cress, kale, kohlrabi, leaf lettuce, mustard (broad leaf and curled), radish, rape, turnip, onion (seed and sets), and spinach. Sources to purchase these seed and plants are Seven Lakes Hardware, Aberdeen Supply in Aberdeen, and Southern States in Carthage.

The onion is perhaps one of the most popular, widely used, versatile, and healthiest vegetables grown. Onions can be produced from seeds, sets, and plants. They require a light-textured fertile soil to properly develop. One satisfactory method I have found to grow green onions is in a plant flat filled with potting soil and burying the sets in the medium about an inch apart. In 30 to 35 days green scallions will emerge and grow ready to be eaten. This procedure can be repeated every month, thereby supplying green onions year round. Also onion sets and plants can be planted in the garden.

Collards are one of the most popular Fall plants in the Sandhills. These foliage plants are very hardy, nutritious and produce throughout the Winter, if properly main-

tained. Insects that often affect the plants are harlequin bugs, aphids, and cabbage loopers.

Cabbage plants grow well in our area as the nights cool in September. A variety I like is the Stonehead, a rapid growing plant with a firm

Gardening in the Sandhills

Jim Caudill



hard head that has a good shelf life. It, like most cabbages, is susceptible to the cabbage looper and aphids, although it shows some slight resistance. Spray early as the head forms. Chinese cabbage can be successfully grown, if you can find them available.

Brussel sprouts are one of my favorite vegetables. They grow rather rapidly and mature in about 4 to 6 weeks. More sprouts become available when the weather turns cooler. The cabbage looper is often a problem on this plant.

The turnip is another of my favorite cole crops grown from seed. It produces a tasty root and delicious green tops. Normally it is a broadcast seed. I often mix the seeds with one part seed to two parts clean, weed-free, dry sand to get better spacing and reduce thinning. Some folks mix the seeds with grits for the same purpose.

The beet is a root crop enjoyed by many in pickles. The seeds are small, and should be covered lightly with fine-texture, pulverized soil or potting soil to prevent crusting. It normally takes 60 to 70 days for maturity.

The radish is another root crop used in small amounts in salads or mixed with beet seed or coarse sand to aid in getting the spacing right.

(See "Gardening," p. 15)

 <p>NEW LISTING!</p> <p>102 THOMAS POINT 3 BD, 2 BA, screened porch close to Johnson Pt and BR Country Club. \$182,500</p>	 <p>135 E. DEVONSHIRE Like New 3Br/2Ba split plan close to front gate & first tee at SLCC in SLS. \$239,500</p>	 <p>120 ZIEGLER COURT Lot 65 Ph IV Morganwood with 2 stall barn, fenced pasture & city water. \$127,900</p>
 <p>103 SHEROFF Like new (2005) 3 Bedroom 2 Bath Split Plan Close to Johnson Point. \$262,900</p>	 <p>123 OVERLOOK DRIVE 4 bedroom 3 bath lake view on double lot (built in 2006) \$349,000</p>	 <p>REDUCED!</p> <p>121 SIMMONS DRIVE 3 BR 2 BA on elevated lot close to Johnson Pt in SL West \$249,900</p>
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Working lands

(Continued from page 3)

uses is largely irreversible.

Working lands can be protected by directing growth through planning, zoning, location of new infrastructure [such as water and sewer lines], and expansion of existing schools.

"We've had a breather on development," Rust said of Moore County, "but I think there is a lot of pent up demand to be here."

Challenges

Farmland occupies 80,075 acres in Moore County, representing eighteen percent of all land, with a third of all farmland used as crop

land and fifteen percent for pastures. Soil quality has always been an important factor in successful farming, and the most productive farm soils are located in the northern, central, and eastern parts of the county. The majority of crops grown are forage [mostly hay], soybeans, corn, tobacco, and wheat.

Raising beef cattle is the most common livestock use in Moore County, with over 300 farms operating cow-calf operations, but it is closely followed by chicken broiler production. In 2007, Moore ranked sixth in the state in broiler production, with nearly 150 poultry farms. And

equine farms are also a popular land, use with over 1,500 horses and ponies reported in 2007. Other livestock uses include hogs, sheep and goats, llamas, and honey bees.

The Working Lands Plan identifies the majority of Moore County farmlands as small farms producing less than \$250,000 annually, with most being family-operated as secondary or retirement incomes.

Fourteen percent of the total farmland acreage is occupied by large or mid-sized family farms with annual incomes between \$100,000 and \$500,000.

But these farms are fast disappearing. the 2002 Agricultural Census put their number at 115; by 2007, that total had dropped to only 58.

Privately-owned forestlands occupy considerably more land than pastures and crop land, with 305,002 acres representing sixty-seven percent

of Moore County's land area. Loblolly pine and hardwoods are the most common variety of harvested trees and are primarily grown for timber products. In contrast, Longleaf pines account for only five percent of total forestland. In addition to wood products, pine straw is harvested from both Loblolly and Longleaf forests.

Moore County has the distinction of leading the state in reforestation efforts, with an average of 1,500 to 2,500 acres reforested each year.

Volume is a significant factor in farmland profitability and creates challenges for Moore County's small farmers, since they cannot produce enough to compensate for low profit margins. According to the 2007 Census, sixty-five percent of Moore County farmers lost money.

Another significant challenge to protecting farmlands is development pressure, the proposed plan notes. Between 1990 and 2008, the popu-

lation of Moore County increased forty-five percent, and more growth is projected through 2040, primarily in the southern and eastern parts of the county. As these regions grow, they will support more amenities which, in turn, draw more residents.

As farming areas are developed, remaining properties may no longer be contiguous, which limits future farming expansion and production options.

And, while new residents are often attracted to open spaces and the rural character of farmlands, they often object to the farms' smells, sounds, and working hours. Motorists in rural areas must also share road space with slow-moving farm equipment.

The proposed plan identifies other challenges, including the aging population of farmers, limited markets for timber, and the potential for 'fracking' for shale gas, which would compete for water

(See "Working," p. 17)

Gardening

(Continued from page 14)

It takes approximately 30 days after germination for maturing.

Leaf lettuce is widely used and enjoyed in a salad or on sandwiches. Seeding can begin now and continue every 10 to 15 days until frost. Maturity takes 30 to 40 days. Slug damage might be a problem.

If you are a **greens lover**, you might wanted to try a small bed or area with a mixture of kale, kohlrabi, leaf lettuce, broadleaf and curled mustard, rape, spinach, and cress. Mix in small amounts of each of these seeds in equal volume of clean sand and broadcast in fertile well prepared soil and lightly cover by scratching or raking them lightly in.

Remember to prepare your soil well, pulverize it, remove

all trash and debris to keep your plants growing, and supply adequate amounts of water and nutrition.

It is important to keep your vegetable plantings from grass, weeds, and insects.

Safe insect controls that can be used are *Bacillus thuringiensis* (Bt), a natural extract of bacteria. Two products sold containing (Bt) are Dipel and Thuricide.

Also you can use Sevin, Malathion, and insecticidal soap.

If slugs become a problem, slug bait may become necessary.

All of these insecticidal products can be obtained at Cardinal Chemical Company in Aberdeen or at your local garden center. Read the labels for correct rates and follow the instructions carefully.



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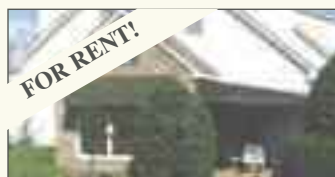
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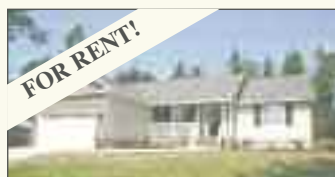
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**SEPTEMBER
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Working lands

(Continued from page 15)
resources.

Strategies

The Moore County Land Use Plan emphasizes the preservation of farmland through careful management and also encourages growth in specifically identified areas.

The Voluntary Agricultural District program is used to designate and protect commercial agricultural areas. Currently, 126 farms participate, protecting nearly 25,000 acres of land.

Other programs, such as the NC Safe Harbor Program,

which helps to protect the red-cockaded woodpecker, and agricultural and conservation easements, are also aimed at preserving working lands.

Taxing agricultural properties as farmland rather than according to its "highest" or "best" use is another recommended strategy. Though this costs the county tax revenue, that loss is offset because rural properties and farms have a low impact on public safety, schools, and other community services.

Another opportunity for farmers noted in the report is the increasing interest in buying locally-grown foods.

The Sandhills Farm to Table Cooperative offers subscription plans for consumers to purchase locally-grown products, and Moore County has several, successful farmers' markets operating throughout the region — including the recently established Seven Lakes Farmer's Market held each Saturday

from 9:00 am to Noon at Sandhills Winery.

Additional strategies that may be used to protect farmlands include a scheduled update to the Moore County Land Use Plan; developing a public relations campaign to provide ongoing information to residents; expanding adult education and developing a teaching curriculum to assist farmers with marketing and business skills; promoting agritourism; devel-

oping internships that link farmers and foresters with school-aged children; and linking retiring farmer with beginning farmers to facilitate transfer of knowledge.

A complete copy of the proposed Working Lands Protection Plan is available for review at the Moore County Planning Department office in Carthage, or online at www.moorecountync.gov/index.php/en/working-lands-protection-plan.

Kitchens & Moore Tour

The Moore County Extension and Community Association, Inc. is sponsoring their 18th Annual "Kitchens . . . and Moore" tour with four homes in Pinehurst and two in Seven Lakes, on Thursday, September 8, 10 am – 4 pm.



The homes of Dale & Linda DeBrine on Otter Drive and Tim & Sonya Koehler on Lewallen Court of Seven Lakes West will be included on the tour.

Area chefs will serve some of their favorite recipes at each home.

The proceeds from the event will benefit youth groups such as Moore County 4-H Clubs and The Boys and Girls Homes of North Carolina Inc.

Tickets are available at each house the day of the tour for \$20.

Advance tickets for \$15, are available at Phoenix Fashions, The Faded Rose in Pinehurst; Daphne's Hallmark in Pinecrest Plaza, Seagrove Candle Company in Southern Pines; or by calling Cooperative Extension at 910-947-3188.

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FRIDAY, SEPTEMBER 2

- **Casual Friday at SLCC** – 5-9 pm. Buffet 5-6:30 pm. \$8.15 (+ tax & gratuity). Food, games & socializing

SATURDAY, SEPTEMBER 3

- **Seven Lakes Business Guild's "Fall Meet the Merchants"** – 10 am until 2 pm in front of Phoenix Fashions. Donn Stanley, will provide an eclectic mix of soft rock, folk and Southern rock. Seven Lakes Friendly Mart, Casa Garcia, and Brick Oven Bistro will have food for sale, Quality Care Pharmacy will have drinks for sale by local Boy Scouts and Project Linus will have desserts for sale.
- **Farmers' Market – at Sandhills Winery** - 9 am - Noon, local produce and handcrafts. 1057 Seven Lakes Drive. (910) 673-2949. www.sandhillswinery.com
- **SunFlix Movies at the Sunrise Theatre** – *The Tree of Life*, 2:30 and 7:30 pm. Drama. PG-13, starring Brad Pitt, Sean Penn, Jessica Chastain. The film follows the life journey of the eldest son, Jack, through the innocence of childhood to his disillusioned adult years as he tries to reconcile a complicated relationship with his father (Brad Pitt). Jack (played as an adult by Sean Penn) finds himself a lost soul in the modern world, seeking answers to the origins and meaning of life while questioning the existence of faith. Sunrise Theatre, 250 NW Broad Street, Southern Pines (910) 692-3611.

rise Theatre, 250 NW Broad Street, Southern Pines (910) 692-3611.

SUNDAY, SEPTEMBER 4

- **St. Mary Magdalene Episcopal Church** – 9:30 am, Holy Communion. 1145 Seven Lakes Drive, Seven Lakes 673-3838.
 - **SunFlix Movies at the Sunrise Theatre** – *The Tree of Life*, 2:30 and 7:30 pm. Drama. PG-13 starring Brad Pitt, Sean Penn, Jessica Chastain. Sunrise Theatre, 250 NW Broad Street, Southern Pines. 692-3611.
 - **Wildlife Pantry** – 3 pm, Visitor Auditorium. Join the Park Ranger for a short slide presentation followed by a hike along the trails to examine seeds, fruits, nuts utilized by native wildlife. Weymouth Woods, Sandhills Nature Preserve, 1024 Fort Bragg Rd., Southern Pines. 692-2167 weymouth.woods@ncdenr.gov
- TUESDAY, SEPTEMBER 6**
- **Free Prostate Cancer Screening** – 8 am to 11 am, sponsored by FirstHealth of the Carolinas. Held at Wal-Mart, 250 Turner Street, Aberdeen, (in the FirstHealth Mobile Services). Registration is not required. For more information 888-534-5333.

- **Healing Service** – 11 am, St. Mary Magdalene Episcopal Church. 1145 Seven Lakes Dr., Seven Lakes. Intercessory prayers for the sick & trouble, those in harms way, traveling, bereaved or deceased. All are welcome.

What's When Calendar



- **Moore County Board of Commissioners** – 5:00 pm, regular meeting. Held at Historic Courthouse, Carthage.

WEDNESDAY, SEPTEMBER 7

- **Moore OnStage presents "I Do! I Do!"** – 7:30 pm. The classic "I Do! I Do!" stars Cassandra Vallery and Greg King. The delightful comedy-musical is about marriage, and how relationships change as everyone progresses through life, and this version illustrates that to a tee. Presented at Sunrise Theatre, 250 NW Broad Street, Southern Pines. For tickets contact Moore OnStage at 910-692-7118. Visa and Mastercard accepted.

THURSDAY, SEPTEMBER 8

- **Bread of Life Ministry** – West End United Methodist Church, 11 am to 1 pm. Ministry is for seniors (wid-

ows, widowers, and the elderly). A time of fellowship and devotion and a wonderful meal provided \$5.

- **Kitchen and Moore Tour** – 10 am to 4 pm, Tour four houses in Pinehurst and two in Seven Lakes West. Area chefs will be on site at the homes preparing and serving favorite recipes. Tickets may be purchased at the Faded Rose, Daphne's Hallmark, Seagrove Candle Company, Phoenix Fashions, and Moore County Coop. Exten. Office 910-947-3188.

- **Wine Tasting** – at Sandhills Winery 5:30 to 8 pm, great wines, and food pairings. 1057 Seven Lakes Drive. (910) 673-2949. www.sandhillswinery.com

- **Moore County Planning Board** – 6 pm, meeting, in Commissioners Meeting Room, Historic Court House, Carthage.

- **The Rooster's Wife** – 6:45 pm, doors open at 6 pm, in the gallery of Poplar Knight Spot. *Shotgun Party* is the musical guest. (*This is a CD release party.*) Buy your tickets on line with debit or credit cards. Cash and checks accepted at the door. Rooster's Wife. 114 Knight St., Aberdeen, www.theroosterswife.org (910)944-7502.

- **Seven Lakes Garden Club presents "The Orchid Lady"** – 7:30 pm, at the SL North Clubhouse. Linda Thorne, "The Orchid Lady" will be the featured speaker.

Her presentation will be a comprehensive look at the orchid family. She will also have a large selection of plants for sale. Everyone is invited to attend.

- **Moore OnStage presents "I Do! I Do!"** – 7:30 pm. Sunrise Theatre, 250 NW Broad Street, Southern Pines. Tickets: Moore OnStage 910-692-7118. Visa and Mastercard accepted.

FRIDAY, SEPTEMBER 9

- **Casual Friday at SLCC** – 5-9 pm. Buffet 5-6:30 pm. \$8.15 (+ tax & gratuity). Food, games & socializing
- **Jazz Program At Weymouth Center** – 7 pm, Enjoy "An Evening of Jazz with the Murphy Family" Weymouth Center for the Arts & Humanities, 555 E. Connecticut Ave., Southern Pines. Tickets \$10 in advance, \$12 at the door. Tickets at the Country Bookshop, Southern Pines; Given Library Book Store, Olmstead Village, Pinehurst; and The Weymouth Center.
- **Moore OnStage presents "I Do! I Do!"** – 7:30 pm. The classic "I Do! I Do!" Sunrise Theatre, 250 NW Broad Street, Southern Pines. Tickets: Moore OnStage 910-692-7118. Visa and Mastercard accepted.

SATURDAY, SEPTEMBER 10

- **Farmers' Market – at Sandhills Winery** - 9 am

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- **Bird Walk** – 8 am, Visitor Center. Join the Park Ranger for a morning hike to look for Southbound fall migrant birds. Hike 2 miles. Bring binoculars and bug spray. Weymouth Woods, Sandhills Nature Preserve, 1024 Fort Bragg Rd. Southern Pines. 692-2167 weymouth.woods@ncdenr.gov
- **S'Mores Party** – 6:30 pm, Seven Lakes North Sequoia Point. A traditional end-of-summer beach party with a campfire and s'mores. Sponsored by the SLLA Recreation Committee, a lifeguard will be on duty and s'mores and refreshments served. All are welcome.
- **Moore OnStage presents "I Do! I Do!"** – 7:30 pm. The classic "I Do! I Do!" Sunrise Theatre, 250 NW Broad Street, Southern Pines. Tickets: Moore OnStage 910-692-7118. Visa and Mastercard accepted.

SUNDAY, SEPTEMBER 11

- **West United Methodist Church 9/11 Tenth Anni-**

versary Remembrance Service – 11:00 am. The Church will have a special service as a time of remembrance and honor for the men, women, and children who lost their lives on September 11. It is also a time to honor our country and those who have served to provide all Americans.

- **Moore OnStage presents "I Do! I Do!"** – 2:00 pm. The classic "I Do! I Do!" Sunrise Theatre, 250 NW Broad Street, Southern Pines. Tickets: Moore OnStage 910-692-7118. Visa and Mastercard accepted.
- **Winged Gems** – 3 pm, Visitor Center. This program will focus on the butterflies found in the Sandhills. Join the ranger for a short talk about the ecology and life history of butterflies. Bring binoculars and bug spray. Weymouth Woods, Sandhills Nature Preserve, 1024 Fort Bragg Rd. Southern Pines, 692-2167 weymouth.woods@ncdenr.gov
- **Belford Baptist Church** – 3 pm, Evangelist Anita Owens-Scott and Congregation of New Direction Life Ministries Inc. of Norwood will be the guest speaker. 925 Windblow Rd., Jackson

Springs, 910-974-4938.

- **Sunday Night Kids** – Beginning tonight (every Sunday) from 6 – 7 pm at West End United Methodist Church children grades Kindergarten thru 5th grade are invited to a time of learning more about God through music, bible lessons, and activities.
- **Youth Group** – Beginning tonight (every Sunday night) from 6 – 7:30 pm Youth, Grades 6-12, meet at West End United Methodist Church to discuss the bible and how it applies to their daily lives.
- **The Rooster's Wife** – 6:45 pm, doors open at 6 pm, in the gallery of Poplar Knight Spot. *Jeff and Vida* is the musical guest tonight. Buy your tickets on line with debit or credit cards. Cash and checks accepted at the door. Rooster's Wife. 114 Knight St., Aberdeen, www.theroosterswife.org (910)944-7502.

MONDAY, SEPTEMBER 12

- **Go Pink! Golf Fundraiser** – Sixth Annual Lunch & Golf Event at Beacon Ridge Golf Club. Golf event starts at 9 am, 11:30 am for light snacks and lemonade. Lunch served at 12:30 pm.

Contact Ellen Leslie at 673-5475. For reservations for lunch only, contact Carolyn James 673-5056. Contact Ellen Leslie for fees and cart information for the fundraiser at 673-5475.

- **National Active & Retired Federal Employees (NARFE) Sandhills Chapter 1895** – quarterly Eating Meeting, 10:30 am at the Lunch Box That Rocks, 281 W. Morganton Rd., Southern Pines. Information available: George/Julina LeVander (910) 895-9657; Sheila Lang (910) 448-0704; or Vilma Geisert (910) 215-5898.
- **Moore Republican Women's Club Luncheon** – guest speaker Associate Justice Paul M. Newby. Luncheon will be held on at Pinehurst Members Club. Registration begins at 11:30 and lunch served at noon. Cost \$16, may be paid by cash or check at the door. Valet parking available. Reservations: call Kay Wildt at 235-4654.
- **Weight Watchers Meeting** – 5 pm-6 pm, at St. Mary Magdalene Episcopal Church, 1145 Seven Lakes Drive, Seven Lakes.
- **Sandhills Photography Club** – 7 to 9 pm, at Christ

Fellowship Church, Midland & Pee Dee Roads, Southern Pines. Tom Grubb will be the guest speaker. Guests are welcome. sandhillsphotoclub.org

TUESDAY, SEPTEMBER 13

- **Healing Service** – 11 am, St. Mary Magdalene Episcopal Church. 1145 Seven Lakes Dr., Seven Lakes. Intercessory prayers for the sick & trouble, those in harms way, traveling, bereaved or deceased. Carol Burgess, Deacon. All are welcome.
- **SL Computer Club** – 3 pm, "Refresh, Restore, Redo" Professor Paul Steel, Department Chair of Computer Technologies at Sandhills Community College, will present this encompassing topic, in the Seven Lakes North Game Room.. Please come and bring a friend.
- **Business Networking Mixer** – 5 pm to 8 pm, at Le Coffee & Moore, 9735-D Hwy 15-501, Southern Pines.
- **National Alliance on Mental Illness (NAMI) of Moore 11-Week Course** – 7 to 9:30 pm, at FirstHealth, 910-295-1053 to register or for information.



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Water options

(Continued from front page)

those options — the Commissioners piled nearly as many alternate ideas on the new Public Works Director's plate.

"I can assure you that Mr. Gould was duly warned about the challenges," County Manager Cary McSwain said, adding, to the general amusement of meeting attendees, "He has not been disappointed."

The Greater Seven Lakes Community Council will play host to the the Board of Commissioners and members of the County staff in a public meeting scheduled for the Great Room of the West Side Park Community Center on Thursday, October 13, at 5:00 pm. Water is expected to figure prominently in the meeting's agenda.

A copy of Gould's presentation, which, though incomplete, provided plenty of detail about options and costs, is available on *The Times'* website.

What follows is a summary of the key options, costs, and issues.

Robbins

Each of the Commissioners expressed support, during the August 18 Work Session, for turning to the Town of Robbins, where a 1.5 million gallon reservoir lies unused by a town that can't afford to treat its own water, but must instead purchase treated water from Montgomery County.

Beyond the reservoir lies the Deep River, Moore County's only significant source of surface water. Ideally, the

county would place a run of river intake in the Deep River, and pipe that water to the Robbins reservoir. A new county water treatment plant would purify the water and send it south to Seven Lakes.

Chairman Picerno expressed a strong preference for "being able to see our water, versus depending on water in the ground."

Gould estimated the cost of the Robbins option at \$12 million: \$8.5 million for a new 1.5 million gallon per day [GPD] treatment plant and \$3.6 million for a 500,000 GPD line to Seven Lakes.

That doesn't include the cost of a future intake on the Deep River. More importantly, it doesn't include any cost of acquiring or leasing the reservoir or any existing water infrastructure from the Town of Robbins.

Several months ago, Chair-

man Picerno floated the idea of reactivating the North West Moore Water District, which has \$16 million in voter-approved borrowing capacity but could never obtain enough customer sign-ups to get off the ground. Picerno's notion was that Robbins would give the District its water infrastructure and customers, the County would throw in the water infrastructure and customers in Seven Lakes, and the District could use the \$16 million to build a new water plant and a water line to Seven Lakes.

The County proposed just that idea to the Town in a written proposal. But Robbins, in a counter-proposal, asked to be paid for its infrastructure, including the reservoir, town water and sewer lines, and an underutilized wastewater treatment facility.

"If we have to pay for all

of that, it only drives up the [water] rates," Picerno said during the Work Session. "We can't go to the people of Seven Lakes and say, 'We are going to triple your rates.'" He reiterated his idea that both Robbins and the County would contribute their share of the infrastructure and customer base to the new water district — allowing water rates to remain reasonable, while benefitting the Town, Seven Lakes, and the County.

There are sticking points other than cost. Robbins would like a few seats on the Board that will govern the new North West Moore Water District; the Commissioners themselves constitute the Board of the county's East Moore Water District.

The Robbins reservoir is currently fed by Bear Creek, offering a 1.5 million GPD supply. Commissioner Lea

pointed out during the Work Session that tapping the Deep River could substantially increase that supply, making it desirable to increase the size of the reservoir. But the Town opposes that idea, having invested in recreational facilities around the lake, and Commissioner Craig Kennedy, who hails from the Robbins area, said he, too, opposed reservoir expansion.

Can we talk?

Probably the most frustrating sticking point in the Robbins option is the fact that the County and the Town can't seem to agree on how to negotiate. The Town's attorney says the deal has to be done in open session; County Attorney Misty Leland says at least some of the parameters can be discussed in closed session.

"I think we are all actually (See "Water options," p. 21)

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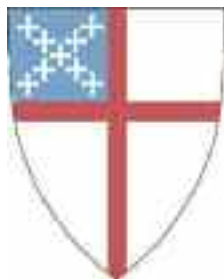
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Water options

(Continued from page 20)

in agreement," Picerno said during the Work Session. "We'd all like to go to Robbins and sit down in a room and not come out until we have an agreement."

With most of the Robbins Council present at the meeting, Commissioner Lea pressed for an open negotiation right then and there. "I don't have a problem discussing it right now — if the Board wants to discuss this openly."

Picerno then laid out his objections to Robbins' counter-proposal, but his statement went unanswered, as Commissioners Melton and Larry Caddell expressed a preference for closed door negotiations.

"I think this should be negotiated in closed session," Melton said, "because you can't negotiate in the newspapers When you start negotiating million dollar contracts, it's going to be impossible to come to a consensus

doing it in public."

Ultimately, the Board asked County Attorney Leland to contact the Town of Robbins' attorney, to see what restrictions state law places on negotiations between the two sides. Leland is expected to report back at the Tuesday, September 6 regular Commissioners' meeting.

Not in a crisis mode

Though finding new water sources has long been an item on Moore County's to-do list, Commissioner Lea pointed out that the current water resources on which the county can draw could supply unto 7 million gallons per day, while the most the system has ever required is 5.3 million GPD.

"We are not running out of water, when we have 2 million gallons per day more than we have ever used," Lea said. "We are not in a crisis mode. We have time to work through this."

Public Works Director

Gould's presentation to the Board pegged the maximum daily demand for water at 5.3 million GPD, compared to average daily demand of 2.6 million GPD.

Looking out to the year 2030, when the population of the county's service area will have swollen from the current 24,800 to a projected 36,300, Gould said he expected average daily demand to reach 5.3 million gallons and maximum daily demand to reach 9.1 million gallons.

The county's existing sources of water, running at peak capacity, can produce just under 7.1 million gallons per day, Gould explained. So the county needs to find another 2 million GPD of water. Those existing water resources include wells in Pinehurst that can contribute up to 3.4 million GPD, Seven Lakes' wells, at 120,000 GPD; water purchased from Southern Pines and Aberdeen, 1.6 million GPD; and up to 2 million GPD purchased from

Harnett County.

The county's Public Utilities and GIS departments are currently working on a massive project that will create a computerized model of the entire county water system, allowing managers to pinpoint exactly when and where more water is needed.

Finding 2 million GPD

Aside from the \$12 million Robbins option, which Gould noted would still leave the county 900,000 GPD short of its 9 million GPD goal, he outlined several other opportunities to increase the County's supply.

More wells

The county plans to drill a new well — generally in or near Pinehurst — about every other year, Gould said. The average yield of a well is 158,000 GPD; the cost is \$200,000. There are currently three wells in Seven Lakes and eighteen in Pinehurst.

Westpoint-Stevens

A mostly abandoned textile plant on the Lumber River near Wagram in Scotland County has the potential to provide up to 7 million gallons per day of water, enough for 17,500 customers, and could supply Moore County town water systems as well as the County, Gould said. But the a new treatment plant that size, plus the pipes and pumps needed to bring the water north, would cost an estimated \$39 million.

And, because the water would be drawn from the Lumber River basin but, for the most part, recycled back through the Addor wastewater treatment plant into the Cape Fear River Basin, the scheme might run afoul of state regulations governing the inter-basin transfer of water.

Montgomery County

Moore County has long considered running a pipeline

(See "Water options," p. 24)





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OPINION

Cooking up some weird science

There is a science experiment gone awry sitting on my kitchen counter.

Not that this, in itself, is unusual.

With a ten-year old pirate sleeping under the same roof, let's just say I've learned to adapt to the unusual, the untidy, and the unpredictable.

In this case, it's more like the unexpected that worries me. But it started out innocently enough: it always does.

Flipping through a magazine, Jack the Pirate discovered a simple process for polishing tarnished pennies.

In a nutshell — or in this case a ceramic bowl — pour vinegar over old pennies and

let them sit overnight. Then rinse and polish with a clean cloth to restore a bright finish.



Laura's Learning Curve

Laura Douglass

What I know now is that I should have paid more attention in chemistry class, particularly those lectures on bases, acids and pH. Or at the very least, it would have been helpful if I had actually

finished reading through the fine print in the experiment instructions.

Who knew the acid in vinegar would break down the oxidized coating on pennies?

Okay, other than the science geniuses who encourage penny-mutilation by young boys?

Gathering up our grimmest and dirtiest pennies, Jack dunked them in what I consider a harmless condiment, rather than a corrosive liquid.

After all, I use vinegar on a regular basis for cleaning and cooking.

What could go wrong? After the first full day of fizzling away in the teacup without a hint of metal glint, my little pirate decided those pennies needed another day in their sour bath. And then we left them in another day or two for good measure.

On the off-chance you're looking to burn good money or reduce the contents of your penny jar, I recommend following our carefully thought out steps: combine vinegar and pennies and ignore them for a week.

You see, after we finally fished the coins out of the

cup and rinsed them, all that was left were deeply pitted, half dissolved penny-like blobs of worthless currency.

Using that charming slang of youthful exuberance, Jack shouted with joy over his disastrous results, "Epic failure!"

And always ready for another adventure, he immediately started gathering materials for his next penny-polishing science experiment. This one involves a 9-volt battery, insulated copper wire, and baking soda.

Baking soda . . . Hmmm . . . I use that all the time for cooking and cleaning: it's harmless. What could possibly go wrong?

What if the losers prayed, too?

Question: While watching the PGA golf tournament on Television last week, I heard the winner proclaim: "I attribute my winning to my Lord and Savior, Jesus Christ who was out there with me on every shot." Do you think that God or Jesus cares who wins a golf tournament or a football or basketball game? I am a Duke fan, but it bothers me when I see "Coach K" cross himself before a game and some basketball

players make the sign of the cross before each foul shot.

Response: Over the years I have heard a number of athletes attribute their success to their strong Christian faith. Interestingly, I have heard only one person give thanks to God for causing him to lose and therefore keeping him humble.

There is a common popular belief that has been around since the time of David in the Hebrew Scriptures that

if we do good and believe the right things, God will reward us with success.



Ask the 'Rev'

Rev. Don Welch

faithful Christian who dedicates each shot to the Trinity by making the sign of the cross. Prayer often reduces anxiety and calms a player, thus enabling him or her to perform at a higher level.

The book of Job in the Hebrew Scriptures refutes this idea that good things happen to good people and bad things happen to bad people. Jesus himself, countered the theology of prosperity and success when he taught: "Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven, for he makes the sun rise on the evil and the good and sends rain on the righteous and the unrighteous." (Matthew 5:44-45)

Can we not derive from this statement that often suc-

cess and victory come to the righteous and the unrighteous, to the just and unjust? Who is God for, when Boston College plays Notre Dame, or Southern Methodist University plays Texas Christian?

I once had a faculty colleague who prayed this prayer before a college basketball game: "Lord, teach us that there is a time to pray and a time to play. Let us play! Amen."

Don Welch, the minister at The Seven Lakes Chapel in the Pines, welcomes your questions and comments at dwelch1@nc.rr.com

SEVEN LAKES TIMES

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SLLA Board shows signs of positive change

Dear Editor:

I read with great interest the front page article in your August 19th edition of *The Times*, regarding the \$40,000 settlement with Jean Fulmer, a Seven Lakes North resident.

I am encouraged with the Board of Directors because they informed the owners of the Seven Lakes Landowners Association [SLLA], the dues paying members, of this serious matter. This is a vast improvement from the traditions of the past that attempted to hide issues that reflected negatively on management and boards.

There were three more positive signs contained in the article. First, rather than doing it internally, it seems that the SLLA is going to hire

someone who has ultimate liability and responsibility to professionally evaluate the road network.

Second, previous management was willing to accept non compliance with directives to landowners regarding rules and regulations. Getting firm with landowners to maintain their property and obey the rules can only have positive results on property values.

Thirdly, objective evaluation of management was missing for 30 years. Objective evaluation of management is a must in all situations, but particularly when boards are unpaid volunteers.

I was a critic of previous management and some previous board members. The

manner Fulmer was treated by past Community Manager, Dalton Fulcher and past SLLA President, Don Truesdell, was disgraceful. I was made aware of her problems with the Echo Dam repairs when they happened several years ago.

The Association did not do a land survey to determine where Fulmer's property was located prior to the start of repairs. No one listened to her when she told them they were about to work on her property. Rock and concrete structures were built on her property against her wishes. Then she was essentially ignored for several years. Knowledge of this, and many other serious issues prior to this, was the reason that I

was an outspoken critic of previous management.

This Board of Directors is to be commended for having the wisdom and courage to address the problems they inherited. I see positive signs in leadership, Board function, and transparency.

However, I am disappointed

that the mistakes made regarding the covenants on the Country Club property have not yet been corrected. I hope this issue will be addressed and resolved in the near future.

D. Alan Shaw
Seven Lakes South

Thank you

Dear Friends and Neighbors, has helped to ease the loss.

Thank you for all the prayers, cards, calls and words of comfort following Jim's passing.

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Seven Lakes West

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Courses are offered at Sandhills Community College from September to January

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Seven Lakes also offers an Optional Scuba Diving Program with their EMT Program.

If you are a swimmer, and

are interested, Seven Lakes E.M.S. also has an underwater rescue and recovery team.

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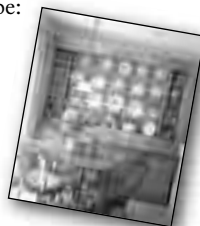
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Water options

(Continued from page 21)

down NC Highway 211 from Candor in Montgomery County to carry purchased water to Seven Lakes. The estimated \$3.2 million project would carry Moore County only one quarter of the way to its 2 million GPD goal.

Gould pegged the capital cost per gallon of this option at \$6.37, with expected operating costs — i.e., the cost of purchasing the water itself, at \$3.07.

Harnett County

Harnett County is expanding its 24 million GPD treatment plant on the Cape Fear River to 36 million GPD, and has offered to sell Moore County the rights to own 2 million GPD of that plant's capacity for \$3.7 million. Some additional upgrades would be necessary to infrastructure on both sides of the border, most notably installing a second waterline from Harnett to Moore County. That raises the overall capital cost to \$10.8 million, or \$5.40 per gallon.

Moore County currently pays Harnett \$2.40 per thousand gallons; buying the additional 2 million GPD capacity in Harnett's plant would drop the toll to \$1.92 per thousand for all 4 million gallons of capacity.

Asheboro

Like Harnett County, the City of Asheboro in Randolph County is expanding its water plant and would like Moore County as a partner in that venture.

Running a pipe from the NC Zoological Park to Robbins and on to Seven Lakes, along with other necessary infrastructure improvements, would cost \$16 million. Asheboro's asking price for 2 million GPD in capacity is \$6.3 million, but Gould said he expected that amount to be reduced in negotiations.

One attraction of the Asheboro option is that the water mains may also be able to serve the new industrial megapark in development on the Moore and Montgomery County border.

Selling the Pinehurst System?

Gould finished his presentation by admitting that it was, as yet, incomplete. A number of questions about costs, interbasin transfer issues, and other factors remain unanswered.

The Commissioners, meanwhile, added a few options to the list, including purchasing water from Laurinburg or Lee County, and the possibility of bringing raw water from Wagram to the Southern Pines reservoir, for treatment in that municipalities water plant.

Chairman Picerno placed an even more complex question on the table, suggesting that Gould develop an analysis that would explore selling to Pinehurst the portion of the county water system that serves that village and then using the proceeds to fund a surface water supply based on the Deep River, as well as extending county water service to rural areas currently unserved.

Picerno said he would like to explore redefining the mission of Moore County Public Utilities to "the procurement of raw water and the transmission of treated water to rural areas . . . making sure that, in 2030, we have excess water capacity."

"I believe a reservoir is the long-term solution," Picerno said, "where we can see the water, and not depend on an aquifer."

"So, we would focus our effort on creating a reservoir off the Deep River, and then start the process of getting a water intake on the Deep River, instead of waiting for a crisis."

"If you sell the system to Pinehurst, you lose the revenue, but also the expense," Picerno continued. "I would like to see the analysis done. It may be the dumbest thing I have ever suggested. All I have heard is that it is not a doable thing. I just want to know why."

Commissioner Lea agreed that the analysis should be done.

"Why don't we understand what the total replacement

cost of Pinehurst system would be," he offered, "and then put depreciation on it. And then do an income approach to the value of that system, and any other numbers that folks need to put a price on it."

"I have a sneaking suspicion that the final number is going to quite significant," Lea continued, "as high as \$50 million."

"We need to finally get that

number on the table," he said. "Once those numbers get on the table, reality will come crashing down."

Seven Lakes EMS Phone Book

Revisions to the Seven Lake EMS Telephone Directory are underway.

Drop by your Landowners Association office and fill out an EMS Telephone Directory Change Form; or Drop by the Seven Lakes EMS station, on Seven Lakes Drive, and complete a Change Form; or E-mail your information to emsbook69@gmail.com You will receive a confirmation that the information was received.

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Westside meeting

(Continued from front page)

take additional "time and effort," Freiert said.

Community Fairness: Building one centrally located mailhouse would preserve "fairness," according to the LRP's analysis. Only thirty percent of the community would benefit from a mailhouse located at the east gate, Freiert explained, while a centrally located facility near the Community Center evenly divides the east and west sides of the community. Though traffic at West Side Park will increase due to mail pickup, the LRP felt that this could be handled in the design of the new facility. Freiert said the overall master plan for West Side Park will be considered when determining the design of the mailhouse.

USPS Uncertainties: With the Postal Service laying off almost 110,000 employees in the last four years and the August announcement of another 120,000 potential layoffs, Freiert said that the trend in mail "service continues to deteriorate," especially with the use of the internet.

The USPS is also reported to be closing some 3,700 facilities nationwide. West End is not on the list for closure; however, the Long Range Planning Committee felt that it was necessary to be proactive when determining if the Westside needed one or two mailhouses. As Freiert put it, the Long Range Planning Committee felt that, if two mailhouses were constructed, the USPS might eventually say that they could no longer deliver to one of those mailhouses.

After giving preliminary approval to the LRP's recommendation, the Board declared the mailhouse issue a matter of significant interest. The preliminary reading approved by the Board will be followed by 30 days of community feedback and a final reading scheduled for October 11.

President Mick Herdrich asked for a Town Hall meeting to be held for community input, though that was not

scheduled during Tuesday night's meeting. Members may also offer comment during the Tuesday, September 27 and Tuesday, October 11 Board work sessions, via email, or through the SLWLA website.

The Long Range Planning Committee's decision to recommend only one mailhouse was the result of an eight to three vote. The Committee's majority recommendation, along with a minority report from the three dissenting committee members, can be read online at the Seven Lakes West website.

Physical Addresses for Mail Delivery

The issue of whether or not physical addresses will replace lot numbers for mail delivery was not discussed at length during Tuesday's Work Session, as the Board is awaiting word from the USPS on the matter. Herdrich said the issue is still very

much an open question.

Westsider Bob Horne voiced his opinion on the matter, saying he would like to "stay with our system the way it is," adding that changing mailing addresses will require, "a lot of work."

Resident Max Foley agreed, saying, "[I] do not want to change my address, unless I move."

Lot Combination policies codified

Owners of combined lots would have until December 31 to separate them or have them remain forever combined, under a new set of rules proposed by Legal Director Jack Stevens during Tuesday's Work Session.

Stevens presented the Board with a first reading of a "lot recombination resolution" that will require 30 days of public input and final approval by the Board before it can take effect.

The Association has always

allowed the combination to lots, with approval from the Architectural Review Committee [ARC] and Board, Stevens explained. However, the specifics of the lot combination process were not spelled out in the rules and regulations.

Stevens said the Legal Committee "thought it important to codify that process so that it can be referred to," and proposed adding the details to Chapter Nine of the Rules and Regulations.

During member comments, Westsider Bob Temme asked if lots previously combined could be grandfathered in and possibly exempt from

having to be divided by December 31. Stevens said the intention is to "not allow lot separation" after December 31, adding that "we have to have a starting point."

Currently, if a homeowner separates a previously combined lot, they must pay all past dues, administrative fees, and interest on the lot. The owner of a recombined lot is allowed one vote in the community.

The Board unanimously approved the first reading of the lot recombination resolution; however, it will need one more reading, 30 days for community input, and

(See "Westside," p. 27)



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LOW0408

Westside meeting

(Continued from page 27)

final approval before it can take effect.

Treasurer's Report

Treasurer Don Friert said \$100,000 in Association funds have been moved into a certificate of deposit, as previously approved by the Board. He is still looking for a "suitable investment" for

another \$100,000.

A proposed by-law change affecting check-signing by Board members was approved by the Board for a second time during Tuesday night's meeting. A final vote will be made at the next Work Session in September. Friert said all comments pertaining to the proposed change have been in support.

Manager's Report

Community Manager Joan Frost has sent out sixty compliance letters in the past two weeks, a rate of enforcement action that raised some questions during Tuesday night's meeting. Joel Martin said, in the past, compliance has been very "lax" but has now reached the "other pendulum," adding that, "people do not need to be harassed at their home . . . [I] think we have gone overboard."

Lake and Dam Director Adam Wimberly was quick to respond that most of the letters sent out were due to boats at Johnson Point without a current sticker. Wimberly said most people purchased the stickers but didn't put them on the boat, adding that "it is as equally annoying as the letters."

Frost said she has hired new gate keepers for Johnson Point and the community pool for the extended hours of operation, which are scheduled through October.

So far 290 stickers have been sold for entrance into Seven Lakes North and South.

Electronic Services has been working on the gate mechanisms at both gates and is recommending the purchase of a new arm mechanism that could be used on the new gate house or transferred to the back gate. Frost is awaiting a bid before moving forward on the matter.

Some issues with the security cameras at the gate house are being looked into, she added.

With so many activities in the Great Room, Frost said, she is working on getting bids from trash companies for weekly pickup.

New flags are flying at the front of the building, and Frost encouraged any resident with a six by nine foot American flag that they would like to donate to drop it off at the Community Center.

Architectural Review

ARC Director John Hoffmann gave a list of the "six most common violations" in the community:

- Parking in common area easements for excessive time periods;
- Propane tanks, trash containers, and HVAC not screened from view;
- Antennas and TV discs not installed according to ARC standards;
- Yard art without an ARC permit; and
- Building and landscaping projects without an ARC permit.

"ARC benefits all the members," said Hoffmann. When someone buys property in an area such as Seven Lakes West, which is subject to "certain declarations," he continued, they willingly and knowingly give up some freedoms.

"The declarations are there to protect everyone and their rights," he said.

(See "Westside," p. 28)

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Westside meeting

(Continued from page 27)

There are three new construction projects in the community, three major additions, and twenty-three "lesser projects" underway. Don Hauck was approved by the Board as a new member of ARC.

Communications

The Seven Lakes West website has over 600 registered users, reported Secretary Jane Sessler, who noted that a lot of people are using the calendar on the website and it is "working out very well." Sessler reminded people if anyone needs something publicized to send it to her and she will post it on the website.

Sessler said meetings of the Nominating Committee are now underway and encouraged anyone interested in volunteering to contact her or Ron Shepard.

Events

Events Director Jim Ferguson said the Tony Barns Duo will be playing at Johnson Point on September 2, from 7 to 9 pm.

On September 17, a Margaritaville event will be held at the Westside Pool, from 7 to 10 pm, with Glenn Davis as DJ. Tickets are being sold for \$10, and only 120 tickets will be sold. Ferguson said the event will have an ugliest t-shirt contest, a limbo contest, and a 50-50 raffle. The

event may be moved to Johnson Point if the Westside pool cannot be covered for the evening, he added.

Lake and Dam

Lake and Dam Director Wimberly reminded everyone of the threat posed by Hurricane Irene, and advised anyone with boats at the Johnson Point marina to move them out or tie them up really well. He added that boat owners will be held responsible for any damage their boat causes to the dock.

Manager Frost said she has received a bid for a new swim dock and will consult with Wimberly on the proposal. One firm bid on replanking the boat slips has also been received.

During member comment period Sherry Niewald expressed her concern regarding the ID check at Johnson Point, asking that perhaps the SLWLA could "tweak the system . . . to make it more user friendly," for those living in the community. Niewald suggested providing the guard with a list of homeowners to check if someone does not have their ID.

After Labor Day there will be one guard at Johnson Point. Lake patrol will finish for the season on Labor Day.

Other Business

In other business during the Tuesday, August 23

SLWLA Work Session:

- Former President Ron Shepard, during member comment, noted that Bob Haan, who recently moved away from Seven Lakes, was instrumental in keeping Seven Lakes EMS operating at a high level of integrity and service. Shepard asked the Board to write Haan a letter of thank you.
- Infrastructure Director John Goodman said there will be significant road patching on Longleaf Drive at the second pond dam. There will also be some patching at Rembrandt

Court, Beacon Ridge, Gateway Drive, and Otter Drive. There will be some curb work done on Longleaf, Dennis Circle, and Blackstone Court. Goodman is still awaiting design plans for the lower pond dam construction project.

- Due to five board members being on vacation during the second week of September, the SLWLA work session for Tuesday, September 13 will be cancelled. The next SLWLA meeting will be on Tuesday, September 27 at 7 pm.



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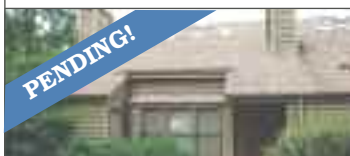
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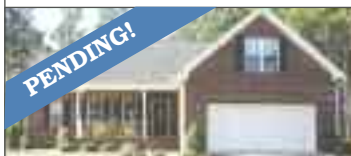
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